



### THE BIRTH AND GROWTH OF NORTH COUNTY SERENITY HOUSE

Six women devoted to saving the lives of female alcoholics founded North County Serenity House in 1966 with the opening of a home in Poway, CA. In 1972 the program moved to a small home in Escondido. Growing need for residential, and drug abuse services led to the expansion of 27 beds at our flagship site.

Since 1990 NCSH has grown tremendously, adding, 4 homes for women and children, services for homeless women, a 140-bed residential facility, 2 child development centers, a Learning Center, and administrative offices. In 2007, NCSH finished building Serenity Village, which helps meet the area's need for affordable transitional housing through its 48 beds for women in recovery and their children.

In 2009, North County Serenity House was proud to open Serenity Friendship House, a permanent sober-living housing facility for women.

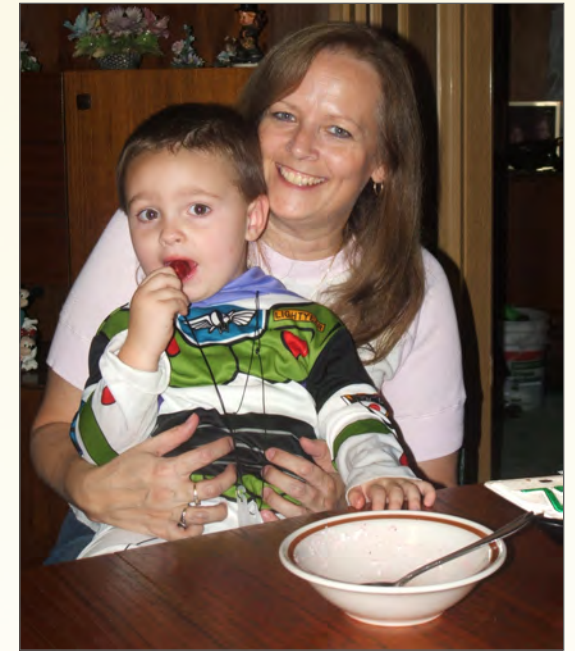


### OUR LOCATION

North County Serenity House is located in North San Diego County in the city of Escondido. We are centrally located near the 15 freeway and close to a variety of community resources including schools, day care centers, community health clinics, Palomar Hospital, and the Escondido Transit Center.

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# NORTH COUNTY SERENITY HOUSE



### OUR MISSION

North County Serenity House is committed to providing behavioral health services in a safe, secure environment to women, children, and families through a multidisciplinary approach that improves and promotes health, fosters learning, embraces diversity, and enhances quality of life in our community.



# North County Serenity House

## TREATMENT PHILOSOPHY

Our dedicated staff work with women, their children, and their families to encourage healthy living, free from addiction. We work diligently to reduce the impact of substance abuse on our clients lives and in the community. We do this by incorporating traditional and modern treatment modalities to optimize our positive outcomes. Specifically, this means that we:

- Offer comprehensive residential and non-residential treatment and recovery services for women age 18 and older, including special programs for homeless, pregnant, and parenting women.
- Recognize that cultural and linguistic differences are important considerations in delivering services and in developing individualized treatment plans for each resident.
- Provide specialized treatment to women who have co-occurring substance abuse and mental health disorders.
- Educate our women and teach them the life skills that they need to succeed in life.
- Educate our parenting women on more effective parenting skills.
- Recognize that addiction is a family disease, and provide services for not only the resident, but her family as well.
- Provide ongoing support after graduation in aftercare programming, transitional housing, and alumni support services.
- Work with community partners to meet the health, education, and employment goals of our residents.

## OUR PROGRAMS

North County Serenity House offers a full-range of treatment options ranging from outpatient day treatment to permanent sober living. We have a treatment modality to meet the needs of the recovering person no matter where they are in their journey.



### SERENITY VILLAGE

*Serenity Village is our 48-bed transitional housing facility located near our Serenity Too Outpatient program. Residents of Serenity Village have recently completed treatment at one of our facilities, and are beginning their recovery within walking distance of continued support. Finding affordable, safe housing is often a difficult task for our women, and we are proud to offer our graduates the opportunity to begin their recovery in an environment that supports their reintroduction to the community.*

### NCSH PROGRAMS AT-A-GLANCE

FACILITY	TYPE	CAPACITY
SERENITY TOO	OUTPATIENT DAY TREATMENT	65 WOMEN
SERENITY CENTER	RESIDENTIAL TREATMENT	120 WOMEN, 20 CHILDREN
SERENITY VILLAGE	TRANSITIONAL HOUSING	48 BEDS, WOMEN & CHILDREN
SERENITY FRIENDSHIP HOUSE	PERMANENT SOBER LIVING	5 BEDS, WOMEN ONLY